



HATIKVAH

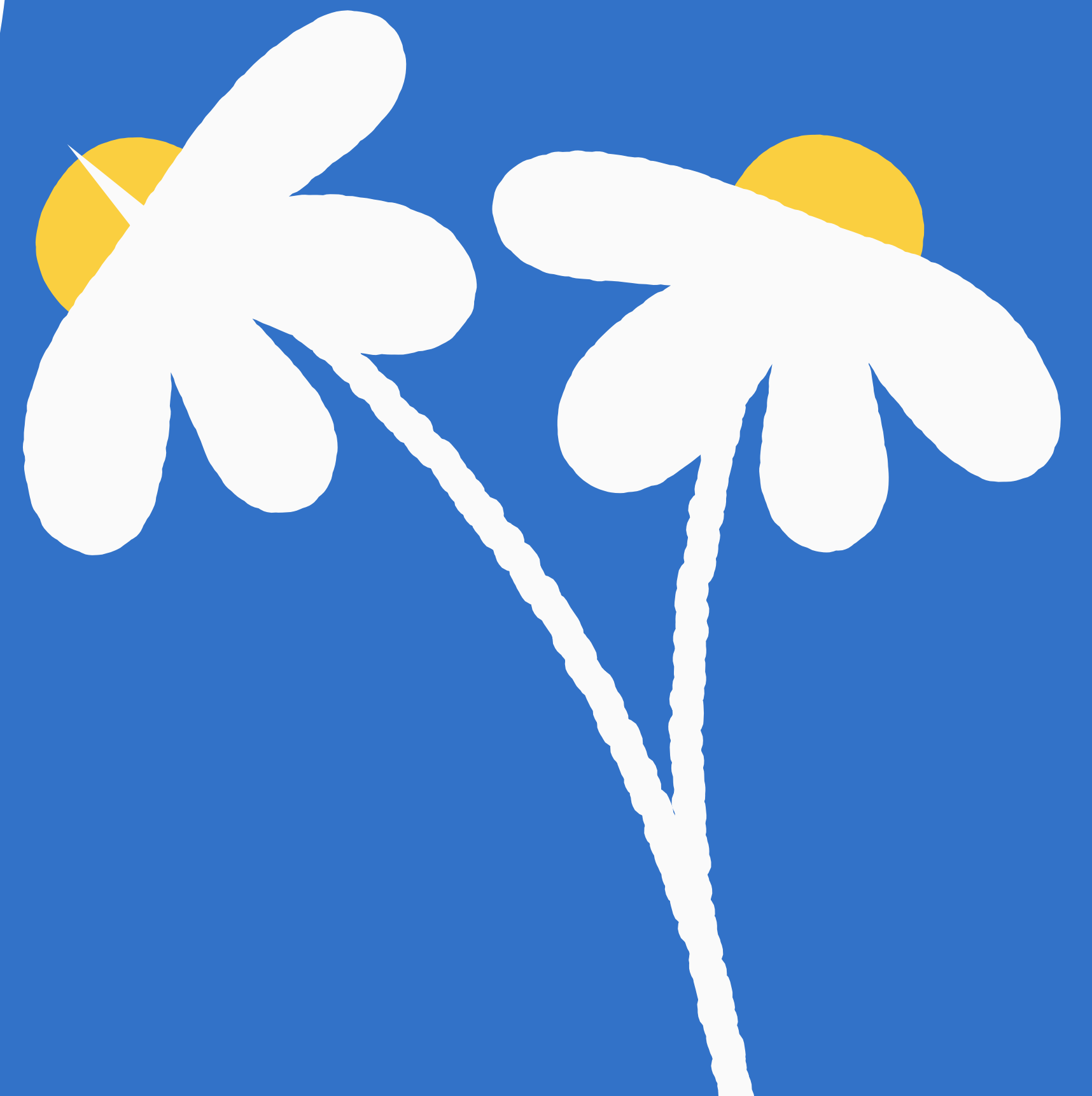
HOPE

FROM ABSTRACT
TO CONCRETE



What is hope?

Write down your associations with the word HOPE in the next 90 seconds.



HaTikvah Israel's National Anthem

The modern version of HaTikvah is based on a poem by Naftali Herz Imber, a Hungarian Jew who spent years in Ottoman-controlled Palestine before making his way to the United States, where he ultimately died a pauper. HaTikvah was matched to a Moldovan folk melody by Samuel Cohen, and was sung annually at the World Zionist Congress.

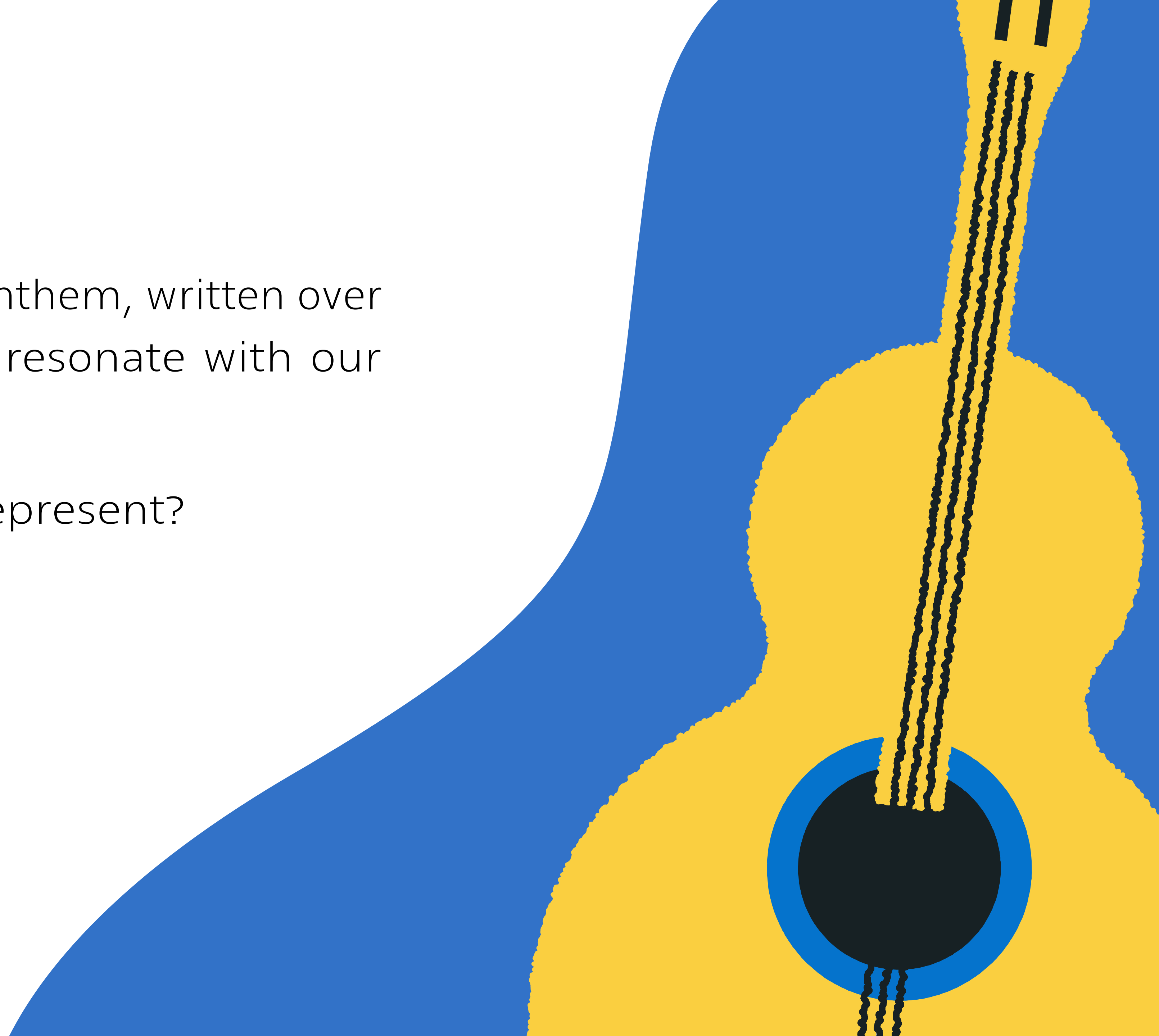




How does this anthem, written over
a century ago, resonate with our
lives today?



What does it represent?



HaTikvah Israel's National Anthem

As long as in the heart within,
The Jewish soul yearns,
And toward the eastern edges, onward,
An eye gazes toward Zion.

כָּל עוֹד בְּלֵב בְּפִימָה
נֶפֶשׁ יְהוּדִי הוֹמִיָּה
וּלְפָאֲתֵי מִזְרַח קוֹדִימָה
עֵין לְצִיּוֹן צוֹפִיָּה

Our hope is not yet lost,
The hope that is two-thousand years old,
To be a free nation in our land,
The Land of Zion and Jerusalem.

עוֹד לֹא אֲבָדָה תִּקְוָתֵנוּ
הַתִּקְוָה בֵּת שְׁנוֹת אֲלָפִים
לְהִיּוֹת עַם חֲפָשִׁי בְּאֶרְצֵנוּ
אֶרֶץ צִיּוֹן וִירוּשָׁלַיִם

Creative Writing Exercise

Read the poem HaTikvah (in Hebrew or English), then, circle one word, phrase, or sentence that resonates with you today. Choose 1 writing activity from the following:



» Creative Writing Exercise



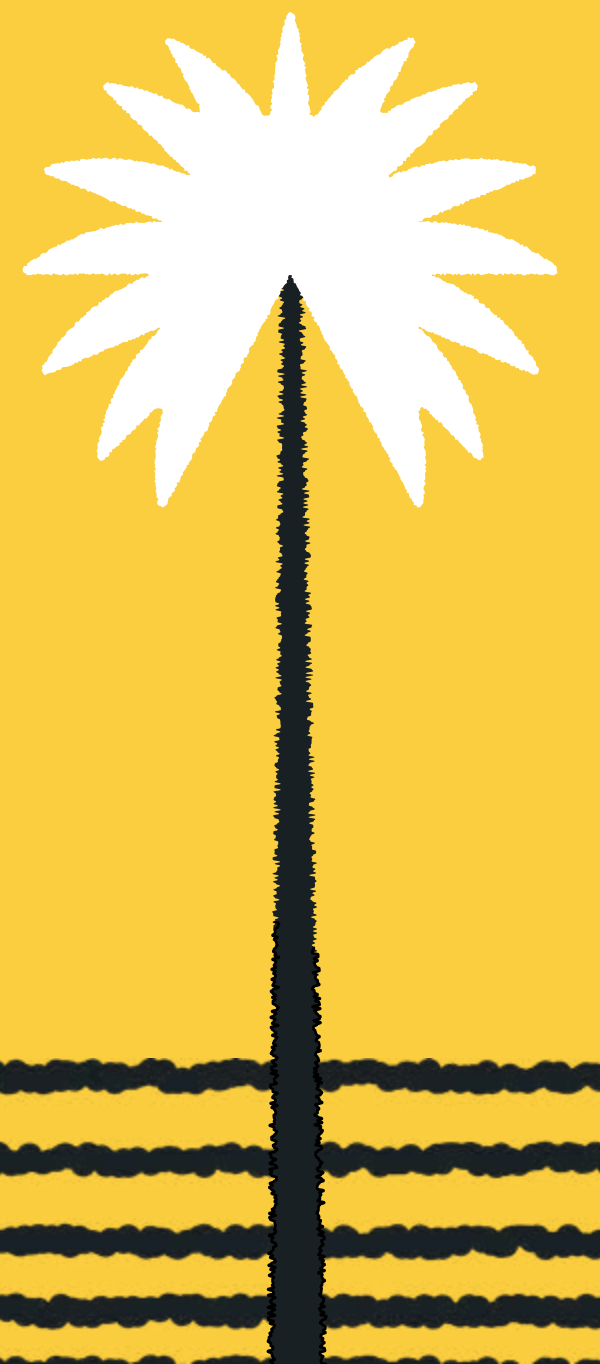
Write the word, phrase, or sentences you chose and then begin a two-minute 'stream of consciousness' (write for two minutes, without filtering, and don't put your pen down).



Use that word, or phrase, or sentence as a title and write a paragraph relating to it.



Adam/Adama ('Man/ Land')



Video Reflection

Think–Pair–Share:

- »» What surprised you?
- »» What stood out to you?
- »» What would you have done in their place?
- »» Are there any conflicting values you've noticed while watching the film?



Hope as a Value

values guide us through challenges and help shape our actions.

- »» What values do you believe were behind the actions of the farmers in the film?
- »» What values give you hope and help you persevere?



What's Your 'Why'?

- » Write down: What is your "Why"?
- » What values drive you forward and give you hope in difficult times?



Creative Expression

Share Your 'Why'

- » Look for an image on your phone or create an image that represents the values that give you hope.
- » Optional: Post your images on a padlet.



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The Land of Zion and Jerusalem.

Naphtali Herz Imber

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נֶפֶשׁ יְהוּדֵי הוֹמָיָה
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נפתלי הרץ אימבר

כָּל עוֹד

(AS LONG AS)



עוֹד לֹא אֲבָדָה תִּקְוָתֵנוּ

(OUR HOPE IS NOT YET LOST)

Call to Action

- » Hope is not just a belief; it's something we live.
- » **Reflection:** What's one small, concrete step you can take today to bring your "Why" to life?



Adam Adama 'Food For Thought'

What role do you think food and music play in helping people cope? What brings you comfort and strength when you find yourself in a challenging situation? Is there a connection between these sources of comfort and the idea of hope? In the film, Shlomo chooses Eran Zur's song, "Tree." He quotes these lines: >>





Even when everything seems lost
and the wind is strong in the trees,
Deep in the forest, a sapling suddenly sprouted.

- »» What associations does this imagery bring up for you?
- »» How do you feel when you are surrounded by nature?
- »» Do you find hope in nature?

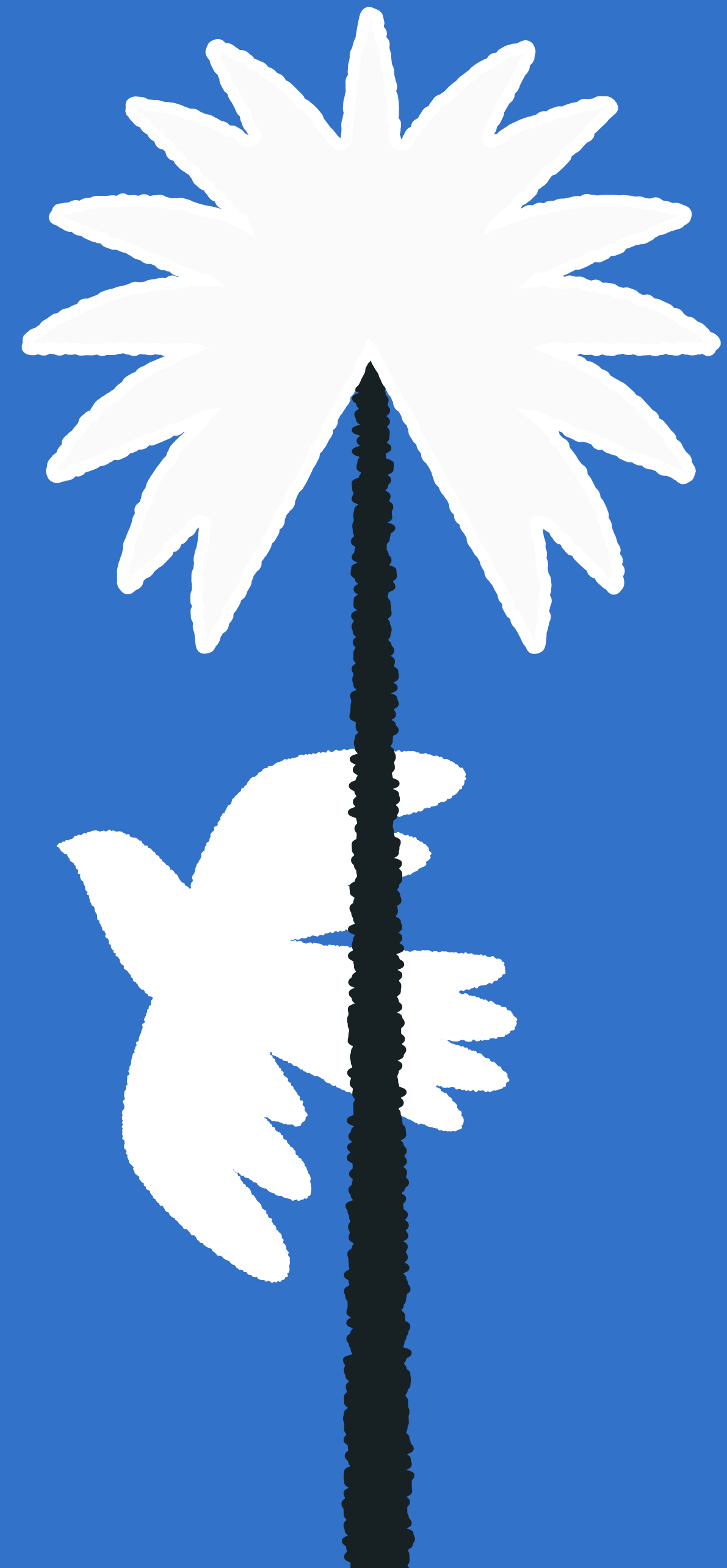


“Optimism and hope are not the same. Optimism is the belief that the world is changing for the better; hope is the belief that, together, we can make the world better. Optimism is a passive virtue, hope an active one. It needs no courage to be an optimist, but it takes a great deal of courage to hope. The Hebrew Bible is not an optimistic book. It is, however, one of the great literatures of hope.”

Rabbi Lord Jonathan Sacks, 'To Heal a Fractured World'

Discussion

- »» According to Rabbi Sacks, what is the difference between optimism and hope?
- »» What are some examples of optimism that you have witnessed recently?
- »» What are some examples of hope that you have experienced, seen, or read about?



“Hope can be seen as a kind of anchor, thrown from a stifled and desperate existence towards a better and freer future. Thrown towards a reality that does not yet exist, most of which is made up of wishes, of imagination. The anchor is thrown and grips the ground. The future, the person, and sometimes an entire society, begin to pull themselves towards it. This is an optimistic act: the ability to throw the imaginary anchor beyond the tangible and arbitrary circumstances indicates that in the soul of the person who dares to hope, there is still one place that is free.”

Israeli Author **David Grossman**, Haaretz, October 29th, 2020.

Discussion

- »» Does the metaphor of hope as an anchor resonate with you? If yes, – why? If not, what other metaphor can serve this purpose? (You can find an AI image that would explain the metaphor you chose.)
- »» If hope is an anchor, what is the line that connects us to that anchor?
- »» Think of the anchors in your life that help you hang on to hope in difficult times?

